# READMISSION TO SCHOOL OF STUDENT WITH TEMPORARY DISABILITY DUE TO INJURY, ILLNESS OR SURGERY

Nan			<b>U</b> M <b>U</b> F		
	me of Student		Sex	Birth Date	Student Identification Numbe
Nan	me of School			Grade	Teacher/Room Number
2.	Physician or Licen	sed Health Care	Provider Section	n	
		under my care. It is n	ecessary for him or	her to return to sc	hool with a temporary disability due to
-	ury or illness.		ПМ	.1	D.S
	Bone fracture	☐ Joint sprain		cle strain	□ Surgery
	Seizure	☐ Heat illness		cussion	Other
Pre	ecautions/Recommendatio	ns/Restrictions due to	the injury or illness	3	
— Du	ıration:				
a.	Permission to be in scho				
	☐ This student has my	permission to be in so	chool with:		
	$\Box$ cast(s)	crutches  sli	ng 🖵 spli	nt/brace  ustite	hes
	☐ wheelchair ☐	Other (please describ	pe)		
b.	Specific recommendation	ns for recess:			
	☐ This student may pa	articipate in recess acti	ivities, subject to th	e above precaution	n(s).
	☐ This student <b>may n</b> e	ot participate in recess	s activities		
c.	Specific recommendations for physical education class:				
	This student may participate in physical activities during physical education class, subject to the above precaution(s).				
	☐ This student may pa	articipate in physical a		sical education cla	ass, subject to the above precaution(s).
	• •	articipate in physical a	ctivities during phy		•
d.	• •	ot participate in physic	ctivities during phy cal activities during		•
d.	☐ This student <b>may no</b> Specific recommendation	ot participate in physical ns for extracurricular and the second	ctivities during phy cal activities during athletics:	physical educatio	•
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# RECOMMENDATIONS FOR AND LEGAL REFERENCES GOVERNING READMISSION TO SCHOOL WITH A TEMPORARY DISABILITY DUE TO INJURY, OR ILLNESS OR SURGERY

#### RECOMMENDATIONS

## 1. Return from Injury or Illness for General Students

- a. "General Students" include all students in general except athletes who suffer a concussion or suspected concussion during athletic activity. (see below, Section 2. Concussion Management for Athletes)
- b. A student who suffers a significant injury or illness or is suspected to have suffered a significant injury or illness during a school activity should be immediately removed from the activity for the remainder of the day, and should not be permitted to return to the activity until he or she is evaluated by a licensed health care provider.
  - 1) Broken bone(s);
  - 2) Severe joint sprain, requiring a splint or cast;
  - 3) Muscle strain;

- 4) Seizure
- 5) Heat exhaustion and/or heat stroke;
- 6) Head Injury/Concussion (see below for athletes);
- c. The student should not be permitted to return to school and/or the activity until written clearance and release is received from a licensed health care provider with precautions, recommendations, and/or restrictions.
  - 1) Readmission to School of Student with Temporary Disability or Injury form, or
  - 2) Concussion management form (examples):
    - a) Acute Concussion Evaluation (ACE) Care Plan (Centers for Disease Control and Prevention),
      - (1) <a href="http://www.cdc.gov/concussion/headsup/pdf/ace\_care\_plan\_school\_version\_a.pdf">http://www.cdc.gov/concussion/headsup/pdf/ace\_care\_plan\_school\_version\_a.pdf</a>
    - b) Return to Learn Plan/Return to Play Plan (Children's Hospital Los Angeles)
- d. Licensed Healthcare Provider
  - 1) Medical doctor (MD) or Doctor of Osteopathy (DO)
  - 2) Nurse Practitioner
  - 3) Physician Assistant

#### 2. Concussion Management for Athletes

- a. An athlete who is suspected of sustaining a concussion or head injury in an athletic activity shall be immediately removed from the activity for the remainder of the day, and shall not be permitted to return to the activity until he or she is evaluated by a licensed health care provider, trained in the management of concussions, acting within the scope of his or her practice. The athlete shall not be permitted to return to the activity until he or she receives written clearance to return to the activity from that licensed health care provider. (Ed Code, §49475(a)(1))
  - 1) Refer to Section 1.c.2) for example concussion management forms
- b. Refer to VCSSFA Best Practices for Concussion Management for more information.
  - 1) <a href="http://www.vcssfa.org/RiskControl/BestPractices/tabid/2068/Default.aspx">http://www.vcssfa.org/RiskControl/BestPractices/tabid/2068/Default.aspx</a>
- c. Licensed Health Care Provider for concussions or suspected concussions sustained during extracurricular athletics:
  - 1) The licensed health care provider is to be trained in the management of concussions. (Ed Code, section 49475)
  - 2) For athletes participating in California Interscholastic Federation (CIF) sports, the CIF limits the evaluation to a medical doctor (MD) or doctor of osteopathy (DO). (CIF Bylaw 313)

#### **LEGAL REFERENCES**

### California Education Code, section 49475.

- (a) If a school district, charter school, or private school elects to offer an athletic program, the school district, charter school, or private school shall comply with both of the following:
- (1) An athlete who is suspected of sustaining a concussion or head injury in an athletic activity shall be immediately removed from the athletic activity for the remainder of the day, and shall not be permitted to return to the athletic activity until he or she is evaluated by a licensed health care provider who is trained in the management of concussions and is acting within the scope of his or her practice. The athlete shall not be permitted to return to the athletic activity until he or she receives written clearance to return to the athletic activity from that licensed health care provider.
- (2) On a yearly basis, a concussion and head injury information sheet shall be signed and returned by the athlete and the athlete's parent or guardian before the athlete initiates practice or competition.
- (b) This section does not apply to an athlete engaging in an athletic activity during the regular schoolday or as part of a physical education course required pursuant to subdivision (d) of Section 51220.